

Medical History and Review of Symptoms

Name: _____ Date of Birth: _____ Date: _____

Allergies: _____

Relevant Current History

	Check One		Check One
High blood pressure How many years _____	YES NO	Constitutional	YES NO
Do you take blood pressure medicine	YES NO	Weight change	YES NO
Do you check your BP at home	YES NO	Fevers	YES NO
Do you have diabetes For how long _____ years	YES NO	Chills	YES NO
Nerve damage (numbness or decreased feeling in your feet)	YES NO	Sweats	YES NO
Kidney damage	YES NO		YES NO
Impotence	YES NO	Eyes	
		Last eye exam date _____	
Cardiovascular		Any damage from diabetes	YES NO
Chest pain with exertion	YES NO	Any damage from high Blood Pressure	YES NO
Any prior heart surgery	YES NO	Any laser procedure	YES NO
Any prior cardiac cauterization	YES NO		
Any prior stress test	YES NO	Ears, Nose, Throat	
Any prior echocardiogram	YES NO	Dentures	YES NO
		Hearing difficulty	YES NO

Gastrointestinal			
Gastrointestinal bleeding	YES NO	Pulmonary	
Recurrent nausea and vomiting	YES NO	Cough	YES NO
Prior endoscopy (stomach evaluation)	YES NO	Smoking Number of packs per day _____	YES NO
Prior colonoscopy (bowel evaluation)	YES NO	History of asthma or COPD	YES NO
Heart burn or indigestion	YES NO	Shortness of breath with exertion	YES NO
Ulcer disease	YES NO		
		Skin	
Neurologic		Rash	YES NO
Transischemic attack or mini stroke	YES NO	Skin Cancer	YES NO
Stroke Date: _____ Location of weakness _____	YES NO		
Seizures	YES NO	Musculoskeletal	
Carotid ultrasound	YES NO	Gout	YES NO
CT or MRI of the brain	YES NO	Muscle aches	YES NO
		Joint aches	YES NO
Blood or Cancer Problems		Endocrine	
Anemia or low blood count	YES NO	High or low blood sugar	YES NO
History of easy bruising	YES NO	Thyroid problems	YES NO

Cancer	YES NO	Pre/post-menopausal	YES NO
Chemotherapy	YES NO	Osteoporosis	YES NO
		Bone density study	YES NO

Social History

Are you employed	YES NO	Do you use drugs	YES NO
Do you use tobacco How many per day _____	YES NO	Do you drink alcohol How much per day _____	YES NO

Renal History

Blood in urine	YES NO	Kidney stones	YES NO
Protein in the urine	YES NO	Do you get up at night to urinate How many times? _____	YES NO
Foamy urine	YES NO	Do you lose your urine (incontinence)	YES NO
History of urinary tract, bladder, or kidney infection	YES NO	Any burning, pain or discomfort urinating	YES NO
Any kidney x-rays such as ultrasound, IVP or CT scan When _____	YES NO	Any flank pain (between the ribs and hip)	YES NO
Prior 24 hour urine test	YES NO	Swelling of the legs	YES NO
So you take pain pills, including over the counter	YES NO	Kidney or bladder surgery	YES NO

Family Medical History

Anyone with kidney stones	YES NO	Anyone with high blood pressure	YES NO
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What is the health status of your parents? Or Cause of death if deceased

Mother		Father	
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What is the health status of your siblings? Or cause of death if deceased

Sibling 1:		Sibling 2:	
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Sibling 3:		Sibling 4:	
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What is the health status of your children?

Child 1:		Child 2:	
Child 3:		Child 4:	

Past Medical History- List problems and recent hospitalizations

Past Surgical History – List any surgeries including dates

Prescribed Medications

Name of Medication	Strength	Directions: (i.e. 1 per day at night, 2 every 8 hours)

Over the Counter Medicine- (Vitamins, Herbal supplements, pain/allergy relief, sleep aid, etc.)

Name of Medication	Strength	How often (i.e. one per day, occasionally, etc.)
